



Date:11/05/2020 [LesterB.Pearson.High@ocsb.ca](mailto:LesterB.Pearson.High@ocsb.ca)

# Lester B. Pearson

## News from the Cloud

### Administration

- CTV News - [All dressed up for prom: Cornwall students find unique way to celebrate during pandemic](#)

### Grads

- There will be a Google Hangout Meet with Grads on Tuesday, May 12th at 10:30am. A message will be sent to you before the meeting. Pertinent information will be shared so please make an effort to participate.
- A Virtual Graduation Event Tweet from Michelle Obama:  
"I know how hard the #Classof2020 has worked to make it to graduation, so @BarackObama and I want to give you the celebration you deserve. That's why @ReachHigher and I are teaming up with @Youtube to host a virtual graduation on June 6! RSVP at <https://bit.ly/RHGraduation>."

**A VIRTUAL GRADUATION EVENT**  
JUNE 6 | 12PM PST  
[YT.BE/DEARCLASSOF2020](https://yt.be/dearclassof2020)

**Commencement Speakers**  
PRESIDENT BARACK OBAMA  
MICHELLE OBAMA  
BTS  
LADY GAGA  
SEC. ROBERT M. GATES  
SUNDAR PICHAI  
SEC. CONDOLEEZZA RICE  
MALALA YOUSAFZAI

**With Special Appearances By**  
AsapSCIENCE      KELLY ROWLAND  
ALICIA KEYS      MR. KATE  
CHLOE x HALLE      THE TRY GUYS  
DUDE PERFECT      ZANE HIJAZI  
JACKIE AINA      ZENDAYA  
KERRY WASHINGTON

## From the Classroom

- Students in **grade 9-11 are receiving a mark**. This is not the final mark. It is largely a reflection of the work done up until March 13th. Work completed after this time can be assessed to improve your mark. You have many opportunities to improve this mark by showing continued progress in the course between now and the end of June, and we cannot stress enough how important it is for you to continue to work hard in your courses so as to be prepared for moving to the next level next year. Your subject teachers will contact you regarding your rich summative tasks. Please continue to reach out to your teachers for continued support.

## Lockers

- At this time students are not allowed to access their lockers. As soon as we get the go ahead from Ottawa Public Health, we will let you know.

## Guidance - Summer School

- This is the information that we have received for summer school.
  - **In-Class Reach Ahead** - If a Reach Ahead course cannot be taught on site, distance learning will be utilized by the summer school teacher;
  - **Online Reach Ahead** - Online courses will be taught.
  - **Skills Builder** - This program will **NOT** be offered during summer 2020;
  - **SHSM CO-OP** - This program will **NOT** be offered during summer 2020;
  - **Credit Recovery** - Information on this has not been released yet. We will send it once we get it.

To register for a **Reach Ahead** course (ie Online or In-Class), you will be required to complete the registration form below. It is a Google form.

### [registration form](#)

**NOTE: You may only register for ONE course. You may also request a 2nd choice should your first choice not be available.**

Please do not hesitate to contact your guidance counsellors for information regarding summer programs:

- [Colleen.Connor@ocsb.ca](mailto:Colleen.Connor@ocsb.ca) (grade 9 and grade 12)
- [Jodie.Keough@ocsb.ca](mailto:Jodie.Keough@ocsb.ca) (grade 8 and grade 11)
- [Rebecca.Powers@ocsb.ca](mailto:Rebecca.Powers@ocsb.ca) (grade 7 and grade 10)

OCSB Summer School:

[https://drive.google.com/open?id=1Qxl5\\_7kxvMGdSoTZZ9IJztJgcPpzBIBM](https://drive.google.com/open?id=1Qxl5_7kxvMGdSoTZZ9IJztJgcPpzBIBM)

OCDSB Summer School:

[https://drive.google.com/open?id=1pVBCW18zdzcSrLgBLiH7GaoHHNkKvT\\_j](https://drive.google.com/open?id=1pVBCW18zdzcSrLgBLiH7GaoHHNkKvT_j)

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## Skilled Trades Podcasts

I am very excited to announce that **The Skills Ontario Trades & Tech Talk Podcast** is now available for everyone to listen to!

**This new podcast hosted by myself (Dan) and my colleague Bill...(as well as others) talks about 140+ careers in the skilled trades and technologies and how important, in demand and rewarding these careers are. Everything from post-secondary education, apprenticeship, wages and so much more are discussed. Various guests include people who work in skilled trades and technologies; apprenticeship representatives; college representatives; teachers, and many more. This podcast is for students, teachers, parents or anyone who is interested in learning about careers in the skilled trades and technologies!**

The podcast is targeted to **students, teachers, parents...**and anyone who is interested in learning about careers in the skilled trades and technologies!

The podcast is now available on various platforms!

Here is the direct link to the Skills Ontario website where you can choose how you would like to listen to the podcast:

<http://www.skillsontario.com/the-skills-ontario-podcast/>

The podcast can also be found by going to your favorite podcast provider such as **Apple/iTunes, Spotify, etc.**

Just type in “**Skills Ontario Podcast**” or my name “**Dan Cardinal**” in the search bar and you will be able to see the podcast.

The cover artwork looks like this:



More episodes will be coming, therefore subscribing to the podcast will upload all new episodes automatically.

Please do not hesitate to contact me should you have any questions.

**Dan Cardinal**

**Liaison Officer / Agent de liaison, Skills Ontario / Compétences Ontario  
Eastern Ontario / Est Ontario**

## Community Assistance

- Here are helpful resources for families in need:
  - Ottawa Food Bank: [b.link/foodbank](https://b.link/foodbank)
  - Distress Centre: [b.link/dcott](https://b.link/dcott)
  - Ottawa Public Health: [b.link/oph](https://b.link/oph)
  - 211: [b.link/211](https://b.link/211)
  - City of Ottawa: [b.link/311](https://b.link/311)
  - Gov. Support: [b.link/ontgov](https://b.link/ontgov)

### Mental Health Services at YSB during COVID-19

<p style="text-align: center;"><b>Information Line for Child and Youth Mental Health and Youth Addictions Services</b></p> <p>We heard you! YSB has expanded the role of the crisis line and online chat to provide information about child and youth mental health and youth addiction services in Eastern Ontario. Not sure what mental health and addiction services are open or how they can be accessed? Call YSB's trained professionals or contact us through the chat - they are very knowledgeable about local services and can help you get to the supports you want.</p> <p>The information and crisis line can be reached by calling <b>613-260-2360</b> or <b>1-877-377-7775</b> and the online chat at <a href="https://chat.ysb.ca">chat.ysb.ca</a>.</p>	<p style="text-align: center;"><b>Virtual Walk-In Clinic</b></p> <p>Our hours are the same, but our sessions are now being done by phone or videoconference. To access the clinic, call us at <b>613-562-3004</b> on <b>Tuesdays and Thursdays, 12 noon to 8 p.m.</b> (last session at 6 p.m.). Leave us a message and we will call you back, usually within 30 mins depending on how busy the walk-in is, to connect you with a counselor.</p>
<p style="text-align: center;"><b>Youth and Family Counselling</b></p> <p>Our mental health counselors have adapted their services, and are now providing individual and family counselling sessions via phone or videoconference to youth over the age of 12 and their families. Please call us at <b>613-562-3004</b> to discuss your needs. Please leave a message letting us know that you are interested in youth and family counselling and we will call you back as quickly as possible.</p>	<p style="text-align: center;"><b>Crisis Line and On Line Chat</b></p> <p>Our crisis line and online chat are available 24/7 for children and youth aged 18 and under who are experiencing a crisis. Parents, guardians, caregivers, friends, or service providers who are concerned about a young person in crisis can also contact us. There is no fixed definition of a mental health crisis. If you feel that your situation is in crisis, we urge you to call the 24/7 crisis line to talk to YSB's trained professionals, who will provide immediate assistance and can help you access other local services and programs, as appropriate.</p> <p style="text-align: center;"><b>24/7 Crisis Line:</b> <b>613-260-2360 or 1-877-377-7775</b> <b>(toll free for Eastern Ontario)</b></p> <p style="text-align: center;"><b>24/7 Crisis Chat:</b> <a href="https://chat.ysb.ca">chat.ysb.ca</a></p>



**Les services de santé mentale du BSJ pendant COVID-19**